



# Family Child Care, Incorporated Quarterly Newsletter

2013~October, November, December~

[www.fccimn.com](http://www.fccimn.com)

*FCCI is an organization of licensed family child care providers committed to developing and promoting high quality child care in our community through education, resources, and support.*

## 2013 FCCI Board of Directors

President: Stacy 356-4972  
fccimn@gmail.com  
Secretary: Shan 289-0269  
fccisecretary@gmail.com  
Treasurer: Tracie 285-0502  
fccitreasurer@gmail.com  
Training Coordinator: Jackie 951-7887  
fccitrainingcoordinator@gmail.com  
Sales & Purchasing: Nita 286-8525  
salesandpurchasingcoordinator@gmail.com  
Membership: Kayla 529-1842  
fccimembershipcoordinator@gmail.com  
Community Outreach: Kari 281-1860  
fccicomunityoutreach@gmail.com  
Newsletter Editor: open  
fccinewslettereditor@gmail.com  
Assistant Treasurer: Lee 218-6742  
fcciasistanttreasurer@gmail.com  
Hospitality Coordinator: Julie 288-1064  
fccihospitality@gmail.com  
Volunteer Coordinator: Jennifer 529-8801  
fccivolunteer@gmail.com  
Member-at-large 1: Amy 281-5315  
fccimemberatlarge@gmail.com  
Member-at-large 2: Becky 281-1005  
fcci2memberatlarge@gmail.com  
Advisor: Jackie 282-1799  
fcciadvisor@gmail.com

## Workshop Location


Redeemer Lutheran Church  
869 7<sup>th</sup> Avenue SE  
Rochester MN 55904

Please use the main entrance and proceed to the lower level. The entrance door is on a security timer and is unlocked ½ hour before and after the start of the workshop.

## Upcoming Workshops

*Members, please be prepared to show your membership card.*

*Non-members, be prepared to pay a \$15 training fee.*

October 14, 2013 7-9 pm	<b>SUIDS/Abusive Head Trauma</b> <b>Presenter: Michelle Gillard</b> <p>This course will cover the definitions as well as prevention strategies for Sudden Unexplained Infant Death Syndrome and Abusive Head Trauma (formerly SIDS/Shaken Baby Syndrome). SUIDS is the leading cause of death in infants. Abusive Head Trauma is a form of child abuse and describes the serious injuries that can occur when a young child is severely or violently shaken.</p>
November 11, 2013 7-9 pm	<b>FASD - Exploring the Invisible Disability of Fetal Alcohol Spectrum Disorder</b> <b>Presenter: Melissa Fredin</b> <p>In this workshop, we will examine Fetal Alcohol Spectrum Disorders a set of physical, behavioral, and cognitive disorders seen in people who were exposed to alcohol in the womb. This course will explore this sometimes invisible but often devastating set of disorders and will provide strategies to increase success in the home, classroom and community!</p>
December 2013 NO WORKSHOP	<b>NO WORKSHOP THIS MONTH!</b> 

# 2013 Workshop Calendar

October 14, 7pm-9pm	SUIDS/Abusive Head Trauma	Michelle Gillard
November 11, 7pm-9pm	Fetal Alcohol Syndrome	Melissa Fredin
December	Happy Holidays! No Workshop	

## Shaken Baby Video

Available at the February, March, April, June, August, September, October and November workshops, 6:30pm. Check-in at the membership table. This video also available on-line! OR Visit our website [www.fccimn.com](http://www.fccimn.com) to watch the video online, and then notify your licensor.

## SAVE THE DATE!

### Sensational Saturday!

One day with 6 hours of valuable training!

February 22, 2014

@ Redeemer Lutheran Church

More Details Coming Soon!

## Keep Informed of Provider News!

Sign up for FCCI's monthly E-news; send your request to [fccimn@gmail.com](mailto:fccimn@gmail.com)

Receive current news from your state association, Minnesota Licensed Family Child Care by becoming a member. Visit [mlfcc.org](http://mlfcc.org) for more information!

Support FCCI by donating your empty ink cartridges from any printer. FCCI will earn money for them through Staples. There is a box set up at the member sign-in table to drop them off at our monthly workshop. Thanks for your support!

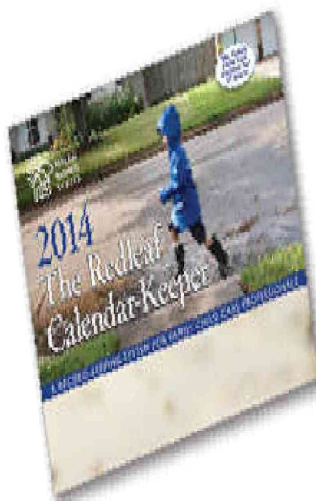


## 2014 Calendar Keepers are here!

Supplies are limited!

Purchase yours at the next FCCI workshop!

\$17.95 + tax



## 2013/2014 FCCI Board of Directors Calendar

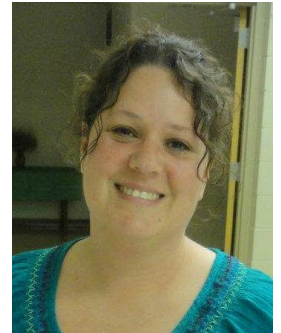
Board meetings are held 6:30-9pm at Redeemer Lutheran Church, unless otherwise noted.

October 22, November 19,  
January 21, February 18

All members are welcome to attend, observe, or participate in the open comment period. Contact the president for open comment guidelines. [fccimn@gmail.com](mailto:fccimn@gmail.com)

## Message from 2013 President

As the year winds down and the leaves begin to change, we find ourselves back in election season. At the November workshop, we will be voting in our elected officers! We have two board positions without a member to serve in them at this time: membership coordinator and assistant treasurer. **Please consider joining the FCCI board.** The benefits of being a board member are many and varied! You will meet providers who are just like you, make great friends, and develop skills you didn't know you had. ☺ If you would like more information about these positions, please email me at [fccimn@gmail.com](mailto:fccimn@gmail.com) or call 356-4972.



Our annual board retreat is also coming up on October 28<sup>th</sup>. This is a time each year where the FCCI board gets together to talk about the previous year's activities and makes plans for the coming year. We value the input and opinions of our membership and this is a great time to let us know! If you have any thoughts or ideas that will support FCCI's mission please contact me.

This winter, we have some exciting training opportunities we'd like to share with you! Please join us **Saturday, February 22 for "Sensational Saturday!"** We will have 3 classes for you for 6 hours of training! It's also in the dead of winter, just when we're all experiencing cabin fever! I know you'll want to get out of the house and spend the day with other child care providers at this great event! More details will follow in our January newsletter.

**Monday, February 24 from 7-9 pm** our Olmsted County Child Care licensing staff will be presenting **Ready for Licensing Renewal / Rule 2 Review.** Many of our more seasoned providers have asked for this training and we are very excited to partner with Olmsted County Licensing to bring it to you! This is a "bonus" training with your 2014 FCCI membership. Non-members pay a \$15 training fee.

Finally, I would like to end my last letter as the 2013 FCCI president by saying thank you to the FCCI Board of Directors for their dedication to family child care and to FCCI. We've had an exciting year working through the new legislative changes and the fighting the unionization of family child care in MN. Each of you has given hours and hours of personal time to lift up the profession of family child care. I'm honored to have had the opportunity to serve with this dynamic group of professionals who are movers and shakers in the family child care world!

To our membership, I wish to **thank you** for your support of FCCI this past year. Looking forward to a great 2014!!

Sincerely,

Stacy Boysen  
2013 FCCI President  
[fccimn@gmail.com](mailto:fccimn@gmail.com)



**FCCI is now on Facebook! Keep up-to-date with local child care news, training, and more!**  
**Search: Family Child Care Incorporated**

# FCCI 2014 Workshops!

January 13: Taxes and Record Keeping - Tom Copeland

[www.tomcopeland.net](http://www.tomcopeland.net)

February 10: Food Program Training - CCR&R Food Program Staff

March 10: Noteworthy Circle Time – Bobbi Jean Tweed

April 14: 365 Preschool Ideas & Activities – Lori Hameister

[www.littlebitofguidance.com](http://www.littlebitofguidance.com)



May 12: Annual FCCI Provider Appreciation Banquet –

Jason Kotecki [www.kimandjason.com](http://www.kimandjason.com)

June 9: A Book A Week Curriculum – Sue Conant

July ???: FCCI Provider Picnic – FCCI Board of Directors, Date TBA

August 11: Licensing Questions & Answers – Rich Hacker & Olmsted licensors

September 8: Supervising for Safety – Trainer TBA

October 13: SUIDS/Abusive Head Trauma – Michelle Gillard

November 10: Child Development – Jen Spaeth



## Get your training hours here!

With your 2014 FCCI membership, you can attend these great trainings for only \$40!



# 2014 FCCI Membership Drive!



Get your 2014 FCCI membership at the November workshop  
OR pre-purchase online or by mail and **have the chance to WIN!**

## ***Gift Card Drawing!***      **50/50 Jackpot**

**Annual Election of Officers!**      **2014 Calendar Keepers available to purchase!**

Purchase your 2014 FCCI membership online between Nov. 1<sup>st</sup>, 2013 and 3pm on November 11<sup>th</sup>, 2012, will eligible for the drawing for a gift card! On-line membership purchasing begins on November 1<sup>st</sup>, 2013. Go to [www.fccimn.com](http://www.fccimn.com) to purchase your 2014 FCCI membership.



Providers purchasing their membership by mail (must be received by Monday, November 11<sup>th</sup>) OR at the FCCI workshop on Monday November 11<sup>th</sup> will also be eligible for another drawing for a second gift card!



**2014 FCCI memberships are valid from Jan. 1, 2014 - Dec. 31, 2014. Membership benefits also include free advertisement of provider openings in our classified ads, online directory listing of your business in our Provider Directory, up-to-date child care news via E-News, networking and meeting new friends, & more!**

## **Join us today!**

### **FCCI Election of Officers**

The Election of Officers to the Board of Directors will be held at the November 11th, 2013 annual meeting and workshop. Kari Fairclough, the Nominating Committee Chair will continue to accept nominations and additional nominations may be made from the floor at the November meeting if the so nominated is present or their written consent has been obtained.

#### Slate of Candidates

President: Shan Stewart

Treasurer: Tracie Reider

Training Coordinator: Jackie Seifert

Membership Coordinator: open, 2-year term

Information regarding all board positions is available in the About FCCI on-line at [www.fccimn.com](http://www.fccimn.com) Contact Stacy Boysen at 356-4972 or [fccimn@gmail.com](mailto:fccimn@gmail.com) for more information. Candidate submissions can be sent to Kari Fairclough at [fccicommunityoutreach@gmail.com](mailto:fccicommunityoutreach@gmail.com).

# Olmsted County Licensing Notes

*From Rich Hacker, Child Care Licensing Supervisor*

*Phone number 507-328-6418*

*email: [hacker.richard@co.olmsted.mn.us](mailto:hacker.richard@co.olmsted.mn.us).*

WOW! We want to thank you for the great turnout and questions on August 12<sup>th</sup> at the FCCI Meeting. The downside of the unexpectedly large turnout was that many of you didn't get a handout of the questions and answers. If you missed out, hopefully you have visited the FCCI website and viewed a copy. Managing the size of the turnout was a challenge as we are not professional speakers, so are not polished on remembering to repeat questions and keeping mindful of the time. I was so excited to get going, reviewing new legislation and answering questions that I forgot to set some basic ground rules. I wanted to remind persons to write down new questions as we needed to cover the questions that were submitted prior to taking new questions. We promise to do better next time.

**Survey Monkey.** *Coming soon.* Hopefully most are familiar with this email/web-based short survey tool. Child Care Licensing is looking for your feedback following a home visit by a licenser. 7–10 days after a home visit you will be sent an email by the county's Program Evaluation Unit. The email contains a "link" that you will simply click on. There are 10 short statements that you will be asked to rate with: Agree, Neutral or Disagree. Example: "I learned something useful that I'll apply in my operation." Only the program evaluation staff will see your specific responses. At no time will this supervisor or the licensing team see your specific response. Reports will be generated that will be shared with licensing staff to provide feedback for purpose of improving licensing practice. It is likely we will be able to share the reports with the public.

**Off Year Visits.** Due to a past reduction in licensing staff we needed to find ways to manage the workload, so many of you experienced a "phone call" off year visit instead of an in-person visit. We are the first to admit it wasn't ideal, but our resources were limited. Our goal is that all off year visits will resume being done in person with a home visit starting in October. Your off year visit is still a licensing visit as we will be walking through your home with the licensing checklist and checking on your annual training.

**Training.** There were major changes by the legislature on training requirements for family child care. We have set "tentative" time frames for when 16 hours a year are required versus the "old" 8. It is likely we will get clarification from state DHS Licensing at some point, until then we are going with this time frame:

\* **License expires between July 1, 2013 and June 30, 2014: Total of 16 hrs; NO CHANGE, 8 hrs of training per year.**

\* **License expires between July 1, 2014 and June 30, 2015: Total of 24 hrs; 8 hrs first year & 16 hrs for second year.**

\* **Your license expires July 1, 2015 or after: Total of 32 hrs; 16 hrs per year**

***Specific training changes:*** 1) First Aid & CPR is every two years; 2) SUIDS is every year, in person training once every other year, 3) ABT (Abusive Head Trauma) is every year; & 4) Supervising for Safety, 2 hours every year, starting 7/1/14. DHS has not created/authorized all the trainings needed as of yet. We will keep you informed when training becomes available.

Speaking of training, we are excited to partner with FCCI to provide a "relicensing" training this winter. Please look for more information in this newsletter or on the FCCI website.

**Please contact a member of the licensing team if you have any questions:**

Keith Lewis	507-328-6421	<a href="mailto:lewis.keith@co.olmsted.mn.us">lewis.keith@co.olmsted.mn.us</a>
Dawn Schenk	507-328-6882	<a href="mailto:schenk.dawn@co.olmsted.mn.us">schenk.dawn@co.olmsted.mn.us</a>
Briana Satzke	507-328-6423	<a href="mailto:satzke.briana@co.olmsted.mn.us">satzke.briana@co.olmsted.mn.us</a>
Tammy Schettl	507-328-6219	<a href="mailto:schettl.tammy@co.olmsted.mn.us">schettl.tammy@co.olmsted.mn.us</a>

# Welcome New Olmsted County Providers!

Family Child Care, Inc. would like to welcome the following recently licensed providers to the child care profession. We hope to see you soon! Please call Kari at 281-1860 or email [Fccicommunityoutreach@gmail.com](mailto:Fccicommunityoutreach@gmail.com) to get your membership started!

Angel Cichoz  
Monica Cookman  
Mary Reiter  
Sheila Pelowski  
Cassandra Madson



As child care providers, we have a responsibility to stay informed and up- to-date on all child care profession-related issues. Professional associations, such as FCCI, offer valuable tools to help you stay informed and make wise decisions concerning the future of your business and the children that you care for. Come join us!

## You've asked for it, and it's here!

### Ready for Licensing Renewal / Rule 2 Review

**Presenters: Olmsted County Licensing Staff**

**Date: Monday, February 24, 2014**

**Time: 7:00 - 9:00 pm**

**Location: Redeemer Lutheran Church**

Come and join us for an overview of the relicense process, including:

- \*required paperwork**
- \*training requirements**
- \*renewal reminders**
- \*common mishaps**
- \*frequently asked questions**

Free with your FCCI membership,  
non-members, please bring \$15 training fee.

# Child Care Resource & Referral Notes

As a licensed child care provider we ask that you *please* complete the

## Provider Business Update!!

The update begins early this year on September 23, 2013!!

To show our appreciation for your online participation, five winners will be selected each week between now and October 27th to receive a \$50 gift card. Complete the web based Business Update at [www.childcareawaremn.org](http://www.childcareawaremn.org). The earlier you complete the survey, the more chances you have to win. Participation from every licensed child care provider will:

- Help us identify trends in business practices and child care prices. Updated statistics will be available to you through your local Child Care Aware Office.
- Help us plan for child care provider supports and services.
- Help guide the MN legislature in setting future Child Care Assistance Program (CCAP) maximum rates. Price information from the 2011 Business Update was used to determine upcoming (March 2014) increases in some CCAP maximum rates.



If you have questions, contact your local Child Care Aware Office at 287-2020.

### Are you wondering what Parent Aware is?

Come join Child Care Aware quality coaches to find out more information OR if you are ready to better your child care business by joining Parent Aware OR want to be re-rated. There will be 2 information sessions for the next cohort, starting in January 2014. You will only need to attend one.

Join us:

December 2, 2013 from 6-8pm

OR

December 11, 2013 from 6-8pm

Information Sessions will be held at the Child Care Resource & Referral offices in.



To RSVP please call Katie at 507-424-1529 or email [katiaw@c2r2.org](mailto:katiaw@c2r2.org)



# 50/50



Come play at the November 11<sup>th</sup> workshop! Bring your cash for a chance to win! One person will win a cash jackpot at the FCCI annual meeting and workshop. The winner will receive half of the cash jackpot and the other half will go to support FCCI's mission in 2014.

\$1.00 per ticket to play!! Purchase as many tickets as you'd like to increase your chance of winning!

## LOOKING FOR CPR AND FIRST AID CLASSES?

Child Care Aware sponsored classes:  
507-287-2020  
[www.mnstreams.org](http://www.mnstreams.org)

American Red Cross: 507-287-2200  
[www.redcross.org](http://www.redcross.org)

First link CPR & First Aid, LLC:  
507-250-5725

## Apple Pie Bites

### Ingredients:

- 1 tube Crescent rolls
- 1 Slice apple per triangle
- Sprinkle of cinnamon & sugar



### Directions:

Roll up & Bake for 11-13 minutes at 350 degrees.

Source: [Source:www.keyingredient.com/recipes/439360442/apple-pie-bites/](http://www.keyingredient.com/recipes/439360442/apple-pie-bites/)

**Save the Dates!**

**Friday, April 11 & Saturday, April 12!**

## 40<sup>th</sup> Annual Focus on the Children Conference

**Celebrate the Past, Embrace the Present, Envision the Future!**

Registration materials coming soon! E-mail [Jennifer.nisbit@rctc.edu](mailto:Jennifer.nisbit@rctc.edu) for more information.

## WANTED: CHILD CARE PROVIDER

*First Presbyterian Church [512 Third St. SW; Rochester, MN 55901] is seeking and experienced child care provider for part-time employment, Sunday mornings. The church is located near downtown Rochester and the Mayo Clinic Campus. Please contact Rev. Jay Rowland at the church, 282-1618, or email [Rowland.jay@fpcrochester.org](mailto:Rowland.jay@fpcrochester.org) for more information.*

**First Link CPR & First Aid LLC**  
**American Heart Association programs**

Comply with "Hanna's Law"

Classes in Rochester area or at your location  
Single students welcome (email / call for details)

Jay Reeves BS, NREMT-P  
507-250-5725 firstlinkmn@yahoo.com



[www.redbarnlearningfarm.com](http://www.redbarnlearningfarm.com)

**New Baby? In the Hospital?**  
**Getting Married? Special Celebration?**  
**Death in the Family?**

*Our members are important to us!*

If you know of a special event or time of concern for a fellow FCCI member, please contact Julie, 288-1064 or email, [fccihospitality@gmail.com](mailto:fccihospitality@gmail.com) so she can let that person know that their friends at FCCI are thinking of them!



FCCI as an association is a member of the Minnesota Licensed Family Child Care Association (MLFCCA) and the National Association for Family Child Care. (NAFCC) Individual provider memberships are available.

*Check them out and see what they can offer you!*

[MLFCCA.ORG](http://MLFCCA.ORG) [NAFCC.ORG](http://NAFCC.ORG)



**Child & Adult Care Food Program**

**Minnesota Licensed Family Child Care Association Food Program**

- FREE Minute Menu Kids Software
- ECIPS Birth-3 & 3-5 years handbook
- FREE FUN activities for children in your care
- CREATIVE ways to introduce new foods
- CHILDCAREPAY for electronic payments from parents
- FREE access to online Calendar-Keeper

**Minnesota Licensed Family Child Care Association**

Member Benefits & Recognition | Mentorship & Professional Development | Ongoing Support | Joint Membership NAFCC

**Join Today**

Contact MLFCCA  
651-636-1989 | 800-652-9704  
[www.mlfcca.org](http://www.mlfcca.org)



**Child Care Liability Insurance**  
**Craig L. Ward, CIC**

- \*Independent Agent with 30 years experience.
- \*Over 200 policies in effect throughout the Midwest.
- \*Representing over 40 Insurance companies with same day quotes from most companies
- \*Reasonable rates and monthly auto pay.
- \*Immediate coverage.
- \*Personalized coverage tailored to your needs
- \*Property
- \*Liability (including Professional liability, Abuse and Molestation Coverage)
- \*Auto Liability (covering child care vans and personal auto)
- \*Workman's compensation (covering injured employees)
- \*Umbrella Liability (higher liability limits)

**Craig L. Ward, CIC**  
**1-800-354-9273**  
[craigward@tds.net](mailto:craigward@tds.net)

**Product Recalls and**  
**Safety News:**

US Consumer Safety Commission  
[www.cpsc.gov](http://www.cpsc.gov) or 1-800-638-2772

# Family Child Care, Inc 2014 Membership Registration

## Annual Individual Membership Fee - \$40.00

Please make checks payable to: FCCI

**FCCI memberships are January 1, 2014 to December 31, 2014**

- ☐ I am a licensed provider and new FCCI member  
☐ I am a licensed provider and a renewing FCCI member  
☐ I am unlicensed or a community member and am an Advocate Member.

NAME \_\_\_\_\_ County \_\_\_\_\_

BUSINESS NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE(\_\_\_\_\_) \_\_\_\_\_ E-MAIL \_\_\_\_\_

\_\_\_\_ Yes, add my email to FCCI's monthly E-news

\_\_\_\_ No, do not add my email to FCCI's monthly E-news

**How will you volunteer with FCCI in 2014?**

- \_\_\_\_ Board Member Position  
 \_\_\_\_ Volunteer @ meetings  
 \_\_\_\_ Preparing Die Cuts  
 \_\_\_\_ Banquet Committee  
 \_\_\_\_ Community Events  
 \_\_\_\_ Donation of a door prize



**Do you want your licensed family child care business listed in the On-line Provider Directory?**

- ☐ Yes...please complete the information on the right panel.  
☐ No thank you.

**Please note:** Your directory information must be renewed each time your membership is renewed or purchased. If a membership is renewed or purchased and an on-line directory form for the current year is not included, the previous years' on-line directory listing is removed during the annual clean sweep in January.

**Mail Membership and Directory forms to:**

Kayla Abrahamson  
 1231 Harbor Drive SE  
 Rochester, MN 55904

# Family Child Care, Inc. 2014 On-line Provider Directory Form

Current members of FCCI can list their licensed family childcare business on the FCCI's website Provider Directory by filling out the following information or by submitting your listing on-line at [www.fccimn.com](http://www.fccimn.com). *If you do not have a computer, simply call the Membership Coordinator listed in your newsletter.*

**Your Name:** \_\_\_\_\_

(As it is to appear on the Internet)

**City and/or Section of Town:** (ie Rochester, NW)

**Business Name:** \_\_\_\_\_

**Ages of care:** (check all that apply)

- \_\_\_\_ Infant/toddler only  
 \_\_\_\_ Preschool only  
 \_\_\_\_ Infant-preschool only  
 \_\_\_\_ School age only  
 \_\_\_\_ All ages

**Elementary School:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Website:** (if applicable)  
 \_\_\_\_\_

**How do you want to be contacted?**

- \_\_\_\_ Telephone only  
 \_\_\_\_ Email only  
 \_\_\_\_ Both

**Is this an update to your current 2014 provider directory information?**

\_\_\_\_ Yes \_\_\_\_ No





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Rochester MN 55903

Presorted Standard  
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Permit No. 235

## **In This Issue:**

- **List of 2014 Workshops!**
- **Olmsted County Licensing Notes**
- **Relicensing/Rule 2 Training Information**
- **2014 Membership Drive!**
- **Parent Aware Information Session Dates**
- **New Provider Welcome!**

### **\*\*\*Important reminder:**

The content found on the Olmsted County Licensor's Page is your official communication and notification of licensing updates. As licensed child care providers, it is our responsibility to read and make the appropriate changes within our programs! Please be sure to thoroughly read the information provided by Olmsted County licensing in the FCCI newsletter.