2023 Quarterly Newsletter ~ April, May, June ~ www.fccimn.com



FCCI 2nd QUARTER NEWSLETTER

Family Child Care, Inc. is an organization of licensed family child care providers committed to developing and promoting high quality child care in our community through education resources, and support.

Members, please be prepared to scan your membership QR code.

Non-members, be prepared to pay a \$20 training fee.

Training Location

Eagles Club 917 15th Ave SE Rochester, MN 55904

All 2023 trainings will be held at this location unless otherwise noted

Trainings are subject to change/cancellation due to unforeseen circumstances beyond the control of FCCI. Notification of changes will be made at www.fccimn.com and on our Facebook page "Family Child Care, Inc". MNCPD requires the full 2 hours of training to receive a certificate. Anyone joining a training at 6:35 or later will NOT receive training credit. Printed certificates will not be issued unless requested ahead of time. There is a \$5 charge for a printed training certificate.

\$65 FCCI Membership Price for 2023

Membership includes: 30+ hours of training (that's only \$4.33 per training!), support from advocacy committee provider members working with lawmakers and writing legislation for the rights of other fellow providers, access to quarterly newsletters and monthly e-news, networking and socializing with fellow providers, and MORE!

4/10/23 6:30-8:30pm Powerful Powerpoints and More Presenter: Hollee Seville

4/27/23 6:30-8:30pm

SUIDS/Abusive Head Trauma (Meets the SUIDS/AHT annual requirement)

Presenter: Stacy Boysen

4/29/23 9am-3pm FCCI Provider Appreciation Conference -Celebrating 50 Years Together Presenter: Jackie Kops: Pocket of Preschool LOCATION: Rochester Community and Technical College Heintz Center 1926 Collegeview Rd E Rochester, MN 55904

5/08/23 6:30-8:30pm Project Get Outdoors Presenter: Sara Grover

LOCATION: Oxbow Park and Zollman Zoo

5731 County Rd 105 NW Byron, MN 55920

6/12/23 6:30-8:30pm Annual FCCI Provider Potluck Picnic
Presenter: FCCI Board of Directors
LOCATION: TBD Watch our Facebook page

and enews for more details

Training Descriptions

Powerful Powerpoints and More Presenter: Hollee Seville 4/10/23

Experience firsthand that snazzy presentations, slideshows, and documents aren't reserved for the corporate world. Providers can use slideshows and common software programs for pictures of the children and families in their care (ex. End of the Year), interviews, newsletters, calendars, and more. Learn how to use Microsoft Word and PowerPoint to enhance your program and life. After this training, you'll have the power to conquer your computer and make it work for you! Feel free to bring your own computer to follow along. Knowledge and Competency Framework Area(s) IV.C: Assessing and Using Information to Enhance and Maintain Program Quality and CDA Content Areas V: Strategies to manage effective program operation

SUIDS/Abusive Head Trauma Presenter: Stacy Boysen 4/27/23

This class meets DHŚ Licensing training requirements for both Sudden Unexpected Infant Death (SUID) and Abusive Head Trauma (AHT). Content includes recommendations to reduce Sudden, Unexpected Infant Deaths (SUID) including SIDS, suffocation, and other sleep related infant deaths; safe sleep environments; MN Child Care regulations related to safe sleep; as well as symptoms and consequences of abusive head trauma, risk factors for abusive head trauma; strategies to use when stressed, angry or frustrated. Knowledge and Competency Framework Area(s) VII.A: Establishing Healthy Practices and CDA Content Areas I: Planning a safe, healthy learning environment.

FCCI Provider Appreciation Conference Presenter: Jackie Kops - Pocket of Preschool 4/29/23

Participate in the FCCI Child Care Provider Conference. Engage in dynamic training sessions that elevate the child care profession and support educators as they guide and teach children in early childhood. Walk away from our conference with encouragement and inspiration from speakers and colleagues as you continue your amazing role in educating future generations! Tentative Schedule: 7:30 Sunrise yoga class, 8:00 Doors open for light breakfast and vendor shopping, 9:00 First 2-hour session with Jackie Kopps, 11:00 Lunch break: catered lunch provided, time to shop with vendors, free chair massages, and more!, 12:45 Provider of the Year announcement & Proclamation: May as "Family Child Care Appreciation Month," 1:00 Second 2-hour session with Jackie Kops, 3:00 Dismissal

Knowledge and Competency Framework Area(s) VI: Professionalism and CDA Content Areas VI: Maintaining a commitment to professionalism

Project Get Outdoors Presenter: Sara Grover 5/8/23

Learn about the Project Get Outdoors initiative and ways to easily incorporate nature into your curriculum. Explore outdoor activity ideas that connect children to nature and learn how outdoor play fosters healthy human development and environmental awareness. Note: This training will be held at Oxbow Park Nature Center 5731 County Rd 105 NW Byron, MN.

Annual FCCI Provider Potluck Picnic Presenter: FCCI Board of Directors 6/12/23

Join us at the FCCI Provider Potluck Picnic on Monday, June 12th at 6:30pm (Location TBD). This is a time to relax, unwind, and learn a little more about the role of the FCCI board of directors after sharing a meal together by sitting in on our board meeting after supper. It's also a nice time for providers to connect through the long summer break. RSVP to the FCCI President at fccinm@gmail.com There is no cost to attend this event. Bring a salad or dessert to share. FCCI will have water and a limited assortment of soda available. Attendees will receive a 2 hour, licensing approved training certificate.

2023 Board of Directors Calendar

Board meetings are held 6:30-8:30 pm. Board meeting locations are to be determined and will be shared on the FCCI website. January 17, February 21, March 21, April 18, May 16, June 12, July 18, August 22, September 19, October 17, November 21, December TBA. All members are welcome to attend, observe, or participate in the open comment period. Contact the president for open comment guidelines at fccimn@gmail.com

PLEASE NOTE: **FCCI Trainings are designed as adult learning environments** FCCI is committed to providing an adult-only learning environment that is supportive of the educational needs of all of our members. Childcare is not available at the trainings and children within the area of instruction can be disruptive to both our trainer and other trainees. Therefore, with the exception of exclusively breastfed infants age three months and younger, children may not attend trainings. FCCI is unable to issue training credit to attendees who excuse themselves from trainings for more than 15 minutes for any reason.

New Baby? In the Hospital? Special Celebration? Death in the Family?

Our members are important to us! If you know of a special event or time of concern for a fellow FCCI member, please contact the FCCI President at 507-218-6742 or fccimn@gmail.com, so she can let that person know their friends at FCCI are thinking of them!

MESSAGE FROM THE PRESIDENT

Hello Everyone! Happy Spring to all! The days are longer, the nights are warmer and we can finally put our heavy coats and gloves in the back of the closet. I am so excited to get started on my garden and do some spring cleaning!

I want to use this opportunity to invite you to FCCI's Provider Appreciation Conference, Celebrating 50 Years together!!

We have so much in store for you, come celebrate with us and meet Jackie Kops! Check out our website for more information and to register www.fccimn.com.

The first five years of children's lives are the most significant years in their development and growth. As licensed family child care providers, we play an important role in their development. We are there to educate, support, nurture, enhance and guide their lives throughout these years. Let's come together to celebrate the providers who devote their time to the children in our area.

Thank you to all of the volunteers that have contributed their time and talents to FCCI by serving on a variety of committees and helping out at different events for the past three months.

Please consider joining our growing list of volunteers for our association.

Once again, I want to extend the invitation to all of you to contact me if you have any questions, concerns or suggestions in regards to FCCI.

Sending you love and joy, Lee Yang Lee Vang

Enjoy the spring and treat yourself!



FCCI 2023 TRAINING CALENDAR

January 9th 6:30-8:30pm	Decrease Stress, Increase Success and Enhance Joy	Raelene Ostberg
January 26th 6:30-8:30pm	Health & Safety I (Meets the Child Growth & Development/Behavior Guidance annual requirement & partial Health & Safety requirement)	Rachel Daley
February 13th 6:30-8:30pm	Infant Ages and Stages (Meets the Child Growth & Development/Behavior Guidance annual requirement)	Andy Johnsrud
February 23th 6:30-8:30pm	ONLINE: Keeping Boredom at Bay: Outdoor Activities *Register for link to online training	Kim Woehl
March 13th 6:30-8:30pm	Just Let Them Play	Theresa Peplinski
March 30th 6:30-8:30pm	ONLINE: The Business of Childcare - Separating the Personal with the Professional *Register for link to online training	Heather Newville
April 10th 6:30-8:30pm	Powerful Powerpoints and More	Hollee Saville
April 27th 6:30-8:30pm	SUIDS/Abusive Head Trauma (Meets SUIDS/AHT annual requirement)	Stacy Boysen
April 29th 9am-3pm	FCCI Provider Appreciation Conference - Celebrating 50 Years Together Keynote Speaker Jackie Kopps: Pocket of Preschool ****LOCATION: RCTC Heintz Center, Rochester, MN ***	Jackie Kopps
May 8th 6:30-8:30pm	Project Get Outdoors *** LOCATION: Oxbow Park Byron, MN ***	Sara Grover
June 12th 6:30-8:30pm	Annual FCCI Provider Potluck Picnic *Olmsted County Licensing Approved* Counts towards your required 16 hours of annual training hours	Hosted by FCCI Board of Director
August 14th 6:30-8:30pm	Establishing Healthy Practices	Marc Katz
September 11th 6:30-8:30pm	Active Supervision: A Developmental Perspective (Meets Active Supervision annual requirement)	Stacy Boysen
October 9th 6:30-8:30pm	ADHD: Seeing the Disability Behind the Behavior (Meets the Child Growth & Development/Behavior Guidance annual requirement)	Sharyl Kalal
October 26th 6:30-8:30pm	ONLINE: It's Just Allergies *Register for link to online training	Theresa Peplinski
November 13th 6:30-8:30pm	SUIDS/Abusive Head Trauma (Meets SUIDS/AHT annual requirement)	Stacy Boysen
December	NO TRAINING	Happy Holidays!

*Online Registration: send email to fccitrainingassistant@gmail.com (include name, phone #, develop #, name/date of training)

Trainings are subject to change/cancellation due to unforeseen circumstances beyond the control of FCCI. Notification of changes will be made at www.fccimn.com and on our Facebook page "Family Child Care, Inc"

FCCI PROVIDER APPRECIATION CONFERENCE

CELEBRATING 50 YEARS TOGETHER



Family Child Care Inc. celebrates **50 Years** of serving the community.

April 29th, 2023 9am-3pm

at Rochester Community & Technical College,

Heinz Center in Rochester, MN

Doors open at 8am coffee & snacks

Catered Lunch provided by Johnny Mango's

4 hours of training!!... Meet and Greet with Jackie! Local vendors & prize giveaways!

chair massages

Morning Yoga session 2023

2023 Provider of the Year awarded!

Registration is FREE for FCCI members, \$60.00 for non-members.

Questions? Contact fccimn@gmail.com, or visit www.fccimn.com

With Keynote Speaker:

Jackie Kops

Jackie is an enthusiastic preschool teacher with over fourteen years of classroom teaching experience in both full-day and half-day settings. She is from Missouri where she earned a Masters and Bachelors in Early Childhood and Elementary Education from Maryville University. Her goal is to help you unleash your teaching superpowers! Jackie's passion is to inspire you with play-based activities, themed centers, and supports that nurture and challenge little learners in a caring classroom community. In addition to teaching, she is the teacher-author and CEO behind Pocket of Preschool and loves to share her passion with other educators.

www.pocketofpreschool.com



Name			Date	
Email			Phone _	
Member	Non-Member	Develop ID# _		
	*Make checks payable to	"Family Child	Care, Inc.	,

Mail registration to: Gina Boose by April 15th. 6119 Branch Ave. NW, Rochester MN 55901

PROVIDER RESOURCES AND UPCOMING EVENTS

excellence for everyone

Cradle 2 Career

Cradle 2 Career is a systems-change organization located in Rochester, MN. We are conducting a childcare capacity and utilization study, focused on identifying and removing business barriers to entrepreneurs in the childcare sector. We have a special interest in SE Rochester as well as increasing access for immigrant and refugee families.

To date, we have managed to gather feedback from 61% of center-based providers and 21% of home-based providers. Currently, we are interviewing 100 families on their experiences locating and accessing childcare.

Based on what we learn from providers and families, we will have recurring meetings during the summer to design changes in policy, regulation, funding allocation, and professional development that address those issues. In the fall, policymakers will respond to our proposed changes at our Annual Education Summit on October 4th.

If you would like to contribute to the study by completing a survey, please use the QR code below.

If you are interested in helping design policy changes, please email kelseyd@c2cmn.com.

Look for us at the FCCI Conference on April 29th to learn more!

Kelsey Duffy Cradle 2 Career Director of Data and Research 507-226-7694









Family Child Care, Inc. would like to welcome new and recently licensed providers to the child care profession in Olmsted County. We hope to see you soon at an FCCI training! Please call Jessica Tukua at 507-951-8692 or email fccimembershipdirector@gmail.com to get your membership started!



Welcome New Providers



Sarah Syhakhoun

Jean Trangsrud

Katie Bartz

Erin Pomranke

As child care providers, we all have an important responsibility to stay informed and up-to-date on all child care profession-related issues. Professional associations, such as FCCI, offer valuable tools to help you stay informed and make wise decisions concerning the future of your business and the children that you care for. We also provide a place where providers can meet and get to know one another to share about our experiences and make new friendships! Come and be a part of this great group of providers!

BECOME AN FCCI MEMBER

Would you like to have access to 30+ hours of training for only \$65? Would you like your licensed family child care business listed in our online directory? Would you like to get out of the house and meet providers just like you? As a current member of FCCI, you will have many hours of MNCPD, Licensing approved training to not only support your DHS requirements, but also inspire and support you in your child care business! You may list your licensed family child care business in the FCCI Online Directory for parents searching for child care in your area of the county. At trainings, you'll meet many other child care providers just like you, where you'll share ideas, get valuable advice from others in the biz, and make great friendships! To become an FCCI member and take advantage of these great resources, please fill out the membership form in this newsletter and mail it in or bring it to any workshop along with your cash or check for \$65. if You'd like to use a credit/debit card, please go to www.fccimn.com to pay with PayPal. See you soon!

FCCI is on Facebook!



Like our page to keep up-to-date with local child care news, training, and more!

Search: Family Child Care Incorporated



FCCI is committed to developing and promoting high quality child care in our community through education, resources, and support. Your board is listening and available to all of you. We have several avenues of communication with our website, Facebook page, Enews and newsletter. Of course you are always welcome to email our President any ideas, questions or concerns at fccimn@gmail.com



CLAREY'S SAFETY

Clarey's Safety will be at the noted trainings from 5:45pm - 6:30pm to tag fire extinguishers. The cost is \$4. Please bring a check or exact change only.

APRIL 10TH, 2023 SEPTEMBER 11TH 2023

SUID TRAINING VIDEOS



The Sudden Unexpected Infant Death Video can be found on FCCI's website for your viewing.

To view the videos for licensing requirements, www.fccimn.com/licensingcommunityconnections.html

Find the links on the "Licensing/Community

Connections" page under the SUIDS AND AHT VIDEO

TRAINING button.

Family Child Care, Inc. 2023 Membership Registration

Annual Individual Membership Fee - \$65.00

Please make checks payable to: FCCI

FCCI memberships are January 1, 2023 to December 31, 2023

☐ I am a licensed provider and new FCCI member☐ I am a licensed provider and a renewing FCCI member☐ I am unlicensed or a community member and am an Advo	ocate Member.
NAME	PHONE ()
DEVELOP ID#	E-MAIL
COUNTY	How will you volunteer with FCCI?
BUSINESS NAME	Board Member Position
	Volunteer at monthly workshop
ADDRESS	Finance Committee
CITYSTATEZIP	Provider of the Year Committee
	Advocacy Committee
form for the current year is not included, the previous years' on-line directory Family Child Care, Inc. 2023	embership is purchased. If a membership is purchased and an on-line directory listing is removed during the annual January clean sweep. On-line Provider Directory Form iness on the FCCI's website Provider Directory by filling out the following
information or by submitting your listing on-line at www.fccimn.com	I
Name:	Phone #:
(As it is to appear on the Internet)	Email:
City and/or Section of Town: (i.e. Rochester, NW)	Website: (if applicable)
Business Name:	
Ages of care: (check all that apply)All agesInfant/toddler onlyPreschool onlyInfant-preschool onlySchool age only Elementary School:	How do you want to be contacted? Telephone onlyEmail onlyBoth Is this an update to your currently posted 2022 provider directory information? YesNo For office use Card Receipt Echapters Website
Mail Memb	pership and Directory forms to:
Tourist Tolor	

2727 Tee Time Rd SE Rocheseter, MN 55904



FCCI 2024 Provider of the Year - Nominate a Child Care Provider Today!

Now, more than ever, we recognize the importance of family child care providers in the lives of children. Please take this opportunity to nominate your child care provider in recognition and appreciation of the high quality of care, support, and professionalism that she/he provides to the families in the field of family child care. The nomination process is simple!

- Identify the provider you feel should be recognized.
- Scan the QR code to nominate a provider online. Fill out the nomination form by clicking the Nominate a Provider button on the homepage of our website at www.fccimn.com.
- Write a letter of recommendation describing how the provider meets the guidelines, and how the provider has made a difference to children in his/her care and their families.
- Submission must be made by March 1st, 2024.
- Email questions to <u>fccimn@gmail.com</u>.
- To nominate a provider by mail, fill out the nomination form in this newsletter and mail it with a
 printed or handwritten recommendation to the address provided in the form.





FOR FAMILY CHILD CARE?

They can all be found on your county and state websites! Olmsted County Child Care



https://www.olmstedcounty.gov/business/business-licensing-permits/child-care/information-current-family-child-care-providers



Department of Human Services (DHS) Licensing forms:

https://www.dhs.state.mn.us/main/idcplg?ldcServic e=GET_DYNAMIC_CONVERSION&RevisionSel ectionMethod=LatestReleased&dDocName=id_0 28228



Legislative Changes Impacting Licensed Family Child Care

https://mn.gov/dhs/assets/family-child-care-2022-implementation-plan_tcm1053-539734.pdf





Provider of the Year Award

Nomination for FCCI Olmsted County Representatives

Family Child Care, Inc. is an organization of licensed family child Olmsted County Child Care Association

care providers committed to developing and promoting high appreciation of the high quality of care, support, and professionalism that she/he provides to the Now, more than ever, we recognize the importance of family child care providers in the lives of children. Please take this opportunity to nominate your child care provider in recognition and quality child care in our community through education, resources and support. families in her/his program and the field of family child care.

Nomination & Eligibility Guidelines

- previously received this award within the last seven (7) years. The three year minimum is prior to Nominee has been an active licensed provider for a minimum of three (3) years who has not the nomination deadline.
- Exhibits special competence as a child care provider.
- Demonstrates professional skills in child care and in community activities.
- Has made a positive impact on the lives of young children.
- Has future goals to further enhance her/his competency as a child care provider.
- Must plan to maintain an active childcare license for the next year.
- Must have no pending negative licensing actions, conditional or probation license or appeal, is not under investigation for a negative licensing action or have any substantiated complaints within the past three years. This does not include correction orders.
- Must be a licensed family child care provider operating in Southeastern Minnesota

The nomination process is simple!

- Identify the provider you feel should be recognized.
- Fill out the nomination form on the reverse side.
- Write a letter of recommendation describing how the provider meets the guidelines, and how the provider has made a difference to your child and/or family.
- Mail completed nomination form (must be postmarked by March 1st to be considered for the outgoing year).
- The Provider of the Year award recipient will be honored at the annual Family Child Care, Inc. Olmsted County Provider Celebration training (typically the second Monday in May). Email

Olmsted County Representative Minnesota Provider of the Year Family Child Care, In. Nomination Form

Provider Name	
Address	
City	Zip
Telephone	
Email Address	

guidelines, and how the provider has made a difference to your child and/or Please include a letter of recommendation on a separate piece of paper or uploaded as a separate document describing how the provider meets the family.

Name of Person Submitting Nomination	
Address	
ity	Zip
elephone	
mail Address	

Mail completed nomination form and letter of recommendation to:



Olmsted County Child Care Association

C/O FCCI POY Committee Chair Rochester, MN 55903 PO Box 7012

2023 PROVIDER APPRECIATION

Too often, we don't take the time to celebrate our profession and the providers who make extraordinary contributions to our communities and the children and families we serve. As we celebrate the **Week of the Family Child Care Provider on May 7 - May 13 2023**, we encourage you to celebrate your own contributions to this profession. Congratulations to all of our nominees and thank you for your commitment to the children of our county!

The winners for the 2023 Provider of the Year Award will be announced at our **Provider**Appreciation Conference - Celebrating 50 years Together - on Saturday, April 29.

FCCI Provider of the Year committee members use a two-part scoring system based on nominees' years of FCCI membership and thoroughness of essay completion to determine the winners. In the event of a tie, recommendation letters are scored and used as a tie-breaker.

The FCCI Board of Directors would like to wish all family child care providers a very happy Provider Appreciation day on May 12th, 2023!

You make a difference in the lives of the children you care for each and every day and YOU ARE APPRECIATED!



THE HAND HOLDER

There is no job more important than yours, no job anywhere else in the land.
You are the keepers of the future: you hold the smallest of hands.
Into your care you are trusted to nurture and care for the young,
And for all of your everyday heroics, your talents and skills go unsung.
You wipe tears from the eyes of the injured. You rock babies brand new in your arms.
You encourage the shy and unsure child. You make sure they are safe from all harm.
You foster the bonds of friendships, letting no child go away mad.
You respect and you honor their emotions. You give hugs to each child when they're sad.
You have more impact than does a professor, a child's mind is molded by four;
So whatever you lay on the table is whatever that child will explore.
Give each child the tools for adventure, let them be artists and writers and more;
Let them fly in the wind and dance on the stars and build castles of sand on the shore.
It is true that you don't make much money and you don't get a whole lot of praise,
But when one small child says, "I love you," you're reminded of how this job pays.

~ By Dori Rossmann Executive Director, Kids Town USA

SUPPORT OUR ADVERTISERS



I Compare Multiple Insurance Companies to Provide You A Customized & Cost-Effective Plan for Your Daycare



Bill Nystrom
(507) 252-8720
AtlasRochester.com/Daycare

Atlas Insurance







Jen Steffes, Realtor 507-951-8835

Jensteffes@elcorrealty.com Elcor Realty of Rochester, Inc. Licensed in the State of Minnesota

Making your dreams a Reality!











PO Box 7012 Rochester MN 55903 Presorted Standard U.S. Postage PAID Rochester, MN Permit No. 235

In This Issue:

- Training Calendar for 2023
- FCCI 50th Celebration and Provider Appreciation Conference Registration Form
- Provider of the Year Nomination Process
- Clarey's Safety dates for fire extinguisher checks
- Child Care Resources and More!



2023 FCCI Board of Directors

President: Lee 507-316-8339

fccimn@gmail.com

Secretary: Anna 952-334-6834 fccisecretary@gmail.com

Treasurer: Jessica G. 507-261-1990

fccitreasurer@gmail.com

Membership Director: Jessica T. 507-951-8692

fccimembershipdirector@gmail.com

Training Director: Gina 612-532-2032

fccitrainingdirector@gmail.com

Assist. Training Director: Nita 507-286-8525

fccitrainingassistant@gmail.com

Communications Director: Katie 253-222-4202

fccicommunicationsdirector@amail.com

Development Director: Jennifer 507-261-8061

fccidevelopmentdirector@gmail.com

Assistant Development Director: Tracie 507-269-4242

fccidevelopmentassistant@gmail.com

Community Outreach: OPEN fccicommunityoutreach@gmail.com

Provider Support: OPEN fcciprovider@gmail.com

Advisor: OPEN fcciadvisor@gmail.com

