

2023 Quarterly Newsletter
~ July, August, September ~
www.fccimn.com



FCCI 3rd QUARTER NEWSLETTER

Family Child Care, Inc. is an organization of licensed family child care providers committed to developing and promoting high quality child care in our community through education resources, and support.

Members, please be prepared to scan your membership QR code.

Non-members, be prepared to pay a \$20 training fee.

Training Location

Eagles Club
917 15th Ave SE
Rochester, MN 55904

All 2023 trainings will be held at this location unless otherwise noted

Trainings are subject to change/cancellation due to unforeseen circumstances beyond the control of FCCI. Notification of changes will be made at www.fccimn.com and on our Facebook page "Family Child Care, Inc". MNCPD requires the full 2 hours of training to receive a certificate. Anyone joining a training at 6:35 or later will NOT receive training credit. *Printed certificates will not be issued unless requested ahead of time. There is a \$5 charge for a printed training certificate.*

\$65 FCCI Membership Price for 2023

Membership includes: 30+ hours of training (that's only \$4.33 per training!), support from advocacy committee provider members working with lawmakers and writing legislation for the rights of other fellow providers, access to quarterly newsletters and monthly e-news, networking and socializing with fellow providers, and MORE!

8/14/23
6:30-8:30pm

Establishing Healthy Practices
Presenter: Marc Katz

9/11/23
6:30-8:30pm

Active Supervision: A Developmental Perspective (Meets Active Supervision annual requirement)
Presenter: Stacy Boysen



**LEARNING AND
GROWTH**

Training Descriptions



Establishing Healthy Practices

Presenter: Marc Katz 8/14/23

Description: The Minnesota Department of Health invites you to explore common indoor air quality issues and understand how you can know your drinking water quality. Learn about radon, mold and moisture, carbon monoxide, and safe drinking water including the common contaminants found in Minnesota private well water. Learn how these issues can affect the health and wellbeing of children in home-based daycares and develop strategies to identify and reduce these hazards in your home. Gain the necessary knowledge and tools to deal with indoor air problems and drinking water quality issues. And learn how healthy indoor air and safe drinking water can create a healthy environment for child development and learning.

Knowledge and Competency Framework Area(s):

VII.A Establishing Healthy practices VII.B

Ensuring Safety

CDA Content Area 1: Planning a safe, healthy learning environment



Active Supervision: A Developmental Perspective (Meets Active Supervision annual requirement)

Presenter: Stacy Boysen 9/11/23

Description: This trainings curriculum will address the best practices of active supervision in a family child care setting: describe the way in which supervision is impacted by a child's development; explain characteristics typically associated with differing levels of development and their impact on supervision.

Knowledge and Competency Framework Area(s)

VII.B Ensuring Safety

CDA Content Area I: Planning a safe, healthy learning environment

2023 Board of Directors Calendar

Board meetings are held 6:30-8:30 pm. Board meeting locations are to be determined and will be shared on the FCCI website. January 17, February 21, March 21, April 18, May 16, June 12, July 18, August 22, September 19, October 17, November 21, December TBA. All members are welcome to attend, observe, or participate in the open comment period. Contact the president for open comment guidelines at fccimn@gmail.com

PLEASE NOTE: **FCCI Trainings are designed as adult learning environments** FCCI is committed to providing an adult-only learning environment that is supportive of the educational needs of all of our members. Childcare is not available at the trainings and children within the area of instruction can be disruptive to both our trainer and other trainees. Therefore, with the exception of exclusively breastfed infants age three months and younger, children may not attend trainings. FCCI is unable to issue training credit to attendees who excuse themselves from trainings for more than 15 minutes for any reason.

New Baby? In the Hospital? Special Celebration? Death in the Family?

Our members are important to us! If you know of a special event or time of concern for a fellow FCCI member, please contact the FCCI President at 507-951-8692 or fccimn@gmail.com, so she can let that person know their friends at FCCI are thinking of them!

Message from the President

Hello Sunshine!

A warm welcome back as FCCI President for the remainder of this year. Please reach out to me with suggestions, concerns or questions; I'm pleased to be of assistance.

I'd like to extend another thank you to our sponsors, volunteers & attendees for the incredible 50th celebration in April. It was a fantastic event and we're grateful for everyone that was involved.

Congratulations Gina Boose for winning this years Provider of the Year award. Well deserved!

Wishing you a sensational summer and we hope with to see you at the next training.

Jessica Sukua

FCCI 2023 TRAINING CALENDAR

	January 9th 6:30-8:30pm	Decrease Stress, Increase Success and Enhance Joy	Raelene Ostberg
★	January 26th 6:30-8:30pm	Health & Safety I (Meets the Child Growth & Development/Behavior Guidance annual requirement & partial Health & Safety requirement)	Rachel Daley
★	February 13th 6:30-8:30pm	Infant Ages and Stages (Meets the Child Growth & Development/Behavior Guidance annual requirement)	Andy Johnsrud
	February 23th 6:30-8:30pm	ONLINE: Keeping Boredom at Bay: Outdoor Activities *Register for link to online training	Kim Woehl
	March 13th 6:30-8:30pm	Just Let Them Play	Theresa Peplinski
	March 30th 6:30-8:30pm	ONLINE: The Business of Childcare - Separating the Personal with the Professional *Register for link to online training	Heather Newville
	April 10th 6:30-8:30pm	Powerful Powerpoints and More	Hollee Saville
★	April 27th 6:30-8:30pm	SUIDS/Abusive Head Trauma (Meets SUIDS/AHT annual requirement)	Stacy Boysen
	April 29th 9am-3pm	FCCI Provider Appreciation Conference - Celebrating 50 Years Together Keynote Speaker Jackie Kopps: Pocket of Preschool ***LOCATION: RCTC Heintz Center, Rochester, MN ***	Jackie Kopps
	May 8th 6:30-8:30pm	Project Get Outdoors *** LOCATION: Oxbow Park Byron, MN ***	Sara Grover
	June 12th 6:30-8:30pm	Annual FCCI Provider Potluck Picnic *Olmsted County Licensing Approved* Counts towards your required 16 hours of annual training hours	Hosted by FCCI Board of Directors
	August 14th 6:30-8:30pm	Establishing Healthy Practices	Marc Katz
★	September 11th 6:30-8:30pm	Active Supervision: A Developmental Perspective (Meets Active Supervision annual requirement)	Stacy Boysen
★	October 9th 6:30-8:30pm	ADHD: Seeing the Disability Behind the Behavior (Meets the Child Growth & Development/Behavior Guidance annual requirement)	Sharyl Kalal
	October 26th 6:30-8:30pm	ONLINE: It's Just Allergies *Register for link to online training	Theresa Peplinski
★	November 13th 6:30-8:30pm	SUIDS/Abusive Head Trauma (Meets SUIDS/AHT annual requirement)	Stacy Boysen
	December	NO TRAINING	Happy Holidays!

***Online Registration: send email to fccitrainingassistant@gmail.com
(include name, phone #, develop #, name/date of training)**

Trainings are subject to change/cancellation due to unforeseen circumstances beyond the control of FCCI.
Notification of changes will be made at www.fccimn.com and on our Facebook page "Family Child Care, Inc"

Presenting Olmsted County's 2023 Provider of the Year Award

FCCI is proud to present the 2023 Provider of the Year Award recipient, Ms. Gina Boose. Gina has been a childcare provider for 7.5 years, joined just 1.5 years ago by her husband. Together they have created a special environment for children to safely learn and grow. Gina is valued provider in our community, appreciated by her childcare families as well as providers in Olmsted County. Gina serves on the FCCI Board of Directors as the Training Director and has invested countless hours to provide professional development to providers in Olmsted County. Congratulations Gina, we are so proud of you!

Presenting..
Gina Boose

-2023-
Provider of the Year



"Gina is amazing with the children in her care- she is often sitting on the floor with them and interacting with them constantly throughout the day. She keeps parents updated with weekly updates in the private parent Facebook group and it is so fun getting to see photos of what the kids did during the week. Gina is incredible with communication to the parent group and with us individually about our kids' needs and connecting about any concerns she or us as parents might have about how they are doing while in her care. We feel as though our children's individual personalities and needs are important to Gina and that she provides wonderful attention and care for our kids every day. We highly recommend Gina's Daycare to anyone we know looking for childcare for their little ones. We have been so happy with the care and attention provided to our children each day while in her care."

-Jamie Sulflow, parent

What do you love about childcare?

"Getting to play, learn, explore everyday right beside the young ones couldn't be a better job in my opinion. Also, when I see the little ones learn a new skill that I had something to do with.. It's a great feeling."

What advice do you have for childcare providers, both old and new?

"Childcare can be difficult at times. Having at least one go-to person who truly gets it makes a world of difference. Try your hardest everyday to see why you love this job and all the children you have and will leave wonderful memories with."

PROVIDER RESOURCES AND UPCOMING EVENTS

Need some fresh ideas to beat the summer heat with your little ones? Make fresh fruit popsicles together or spend hours playing with bouncing bubbles. Whatever you choose, have fun and stay cool!!

Bouncing Bubbles

Materials:

- ☐ 4 T Water
- ☐ 1 T Dish soap (Dawn works best)
- ☐ 2 T sugar
- ☐ Bubble wand or bubble machine
- ☐ Soft winter gloves

Directions:

Mix ingredients together and stir gently until sugar is dissolved in the liquid. Once the sugar is dissolved the bubble solution is ready. Blow bubbles manually or use them in a bubble machine. Have your littles wear soft winter gloves and let the bubbles land gently onto their gloves, then they can softly bounce the bubbles in their covered hands. (Bubbles will pop in contact with skin.)

Turn this into an experiment by seeing what types of materials keep the bubbles in tact.

Fresh Fruit Popsicles

Ingredients:

- ☐ Popsicle Mold
- ☐ Flavored water
- ☐ Fresh fruit of your choice
- ☐ Optional -Sugar to taste



Directions:

Add fresh cut fruit to molds, filling until ½ inch from the top. Pour flavored water into the molds until the liquid is ½ inch from the top. Place the top of the mold on or place sticks into the popsicles. Freeze for 4-5 hours or overnight.

Enjoy!

Recipe and photos found on Best Ideas for Kids
<https://www.thebestideasforkids.com/homemade-fresh-fruit-popsicles/>



Family Child Care, Inc. would like to welcome new and recently licensed providers to the child care profession in Olmsted County. We hope to see you soon at an FCCI training! Please call Stephanie Reuss at 651-983-2413 or email fccimembershipdirector@gmail.com to get your membership started!



Welcome New Providers



Rachel Fisher

Brooke Moeller

Julia Schmidt

Elizabeth Baumberger

As child care providers, we all have an important responsibility to stay informed and up-to-date on all child care profession-related issues. Professional associations, such as FCCI, offer valuable tools to help you stay informed and make wise decisions concerning the future of your business and the children that you care for. We also provide a place where providers can meet and get to know one another to share about our experiences and make new friendships! Come and be a part of this great group of providers!

BECOME AN FCCI MEMBER

Would you like to have access to 30+ hours of training for only \$65? Would you like your licensed family child care business listed in our online directory? Would you like to get out of the house and meet providers just like you? As a current member of FCCI, you will have many hours of MNCPD, Licensing approved training to not only support your DHS requirements, but also inspire and support you in your child care business! You may list your licensed family child care business in the FCCI Online Directory for parents searching for child care in your area of the county. At trainings, you'll meet many other child care providers just like you, where you'll share ideas, get valuable advice from others in the biz, and make great friendships! To become an FCCI member and take advantage of these great resources, please fill out the membership form in this newsletter and mail it in or bring it to any workshop along with your cash or check for \$65. if You'd like to use a credit/debit card, please go to www.fccimn.com to pay with PayPal. See you soon!

FCCI is on Facebook!



Like our page to keep up-to-date with local child care news, training, and more!

Search: Family Child Care Incorporated



FCCI is committed to developing and promoting high quality child care in our community through education, resources, and support. Your board is listening and available to all of you. We have several avenues of communication with our website, Facebook page, Enews and newsletter. Of course you are always welcome to email our President any ideas, questions or concerns at fccimn@gmail.com



CLAREY'S SAFETY

Clarey's Safety will be at the noted trainings from 5:45pm - 6:30pm to tag fire extinguishers. The cost is \$4. Please bring a check or exact change only.

SEPTEMBER 11TH 2023

SUID TRAINING VIDEOS

The Sudden Unexpected Infant Death Video can be found on FCCI's website for your viewing.

To view the videos for licensing requirements, www.fccimn.com/licensingcommunityconnections.html

Find the links on the "Licensing/Community Connections" page under the SUIDS AND AHT VIDEO TRAINING button.



****Please Note****

To streamline our registration practices we ask that you register with us online. Please visit www.fccimn.registration.html to complete or renew registration.

If you would still like to fill out a physical copy, complete this page and hand deliver with payment at the next FCCI event. **We will no longer offer a mail in option.**

Family Child Care, Inc. 2023 Membership Registration

Annual Individual Membership Fee - \$65.00

Please make checks payable to: FCCI

FCCI memberships are January 1, 2023 to December 31, 2023

- ☐ I am a licensed provider and new FCCI member
☐ I am a licensed provider and a renewing FCCI member
☐ I am unlicensed or a community member and am an Advocate Member.

NAME _____

DEVELOP ID# _____

COUNTY _____

BUSINESS NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (____) _____

E-MAIL _____

How will you volunteer with FCCI?

____ Board Member Position

____ Volunteer at monthly workshop

____ Finance Committee

____ Provider of the Year Committee

____ Advocacy Committee

Do you want your licensed family child care business listed in the On-line Provider Directory?

- ☐ Yes...please complete the information below
☐ No thank you.

Please note: Your directory information must be renewed each time your membership is purchased. If a membership is purchased and an on-line directory form for the current year is not included, the previous years' on-line directory listing is removed during the annual January clean sweep.

Family Child Care, Inc. 2023 On-line Provider Directory Form

Current members of FCCI can list their licensed family childcare business on the FCCI's website Provider Directory by filling out the following information or by submitting your listing on-line at www.fccimn.com

Name:

(As it is to appear on the Internet)

City and/or Section of Town: (i.e. Rochester, NW)

Business Name:

Ages of care: (check all that apply)

- ____ All ages
____ Infant/toddler only
____ Preschool only
____ Infant-preschool only
____ School age only

Elementary School:

Phone #: _____

Email: _____

Website: (if applicable)

How do you want to be contacted?

- ____ Telephone only
____ Email only
____ Both

Is this an update to your currently posted 2022 provider directory information?

____ Yes ____ No

For office use
Card _____
Receipt _____
Echapters _____
Website _____



FCCI 2024 Provider of the Year - Nominate a Child Care Provider Today!

Now, more than ever, we recognize the importance of family child care providers in the lives of children. Please take this opportunity to nominate your child care provider in recognition and appreciation of the high quality of care, support, and professionalism that she/he provides to the families in the field of family child care. The nomination process is simple!

- Identify the provider you feel should be recognized.
- Scan the QR code to nominate a provider online. Fill out the nomination form by clicking the Nominate a Provider button on the homepage of our website at www.fccimn.com.
- Write a letter of recommendation describing how the provider meets the guidelines, and how the provider has made a difference to children in his/her care and their families.
- Submission must be made by March 1st, 2024.
- Email questions to fccimn@gmail.com.
- To nominate a provider by mail, fill out the nomination form in this newsletter and mail it with a printed or handwritten recommendation to the address provided in the form.



LOOKING FOR DHS LICENSING FORMS FOR FAMILY CHILD CARE?

They can all be found on your county and state websites! Olmsted County Child Care

Licensing:

<https://www.olmstedcounty.gov/business/business-licensing-permits/child-care/information-current-family-child-care-providers>

Department of Human Services (DHS)

Licensing forms:

https://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id_028228

Legislative Changes Impacting Licensed Family Child Care

https://mn.gov/dhs/assets/family-child-care-2022-implementation-plan_tcm1053-539734.pdf

Provider of the Year Award

Nomination for FCCI Olmsted County Representatives



Family Child Care, Inc. is an organization of licensed family child care providers committed to developing and promoting high quality child care in our community through education, resources and support.

Now, more than ever, we recognize the importance of family child care providers in the lives of children. Please take this opportunity to nominate your child care provider in recognition and appreciation of the high quality of care, support, and professionalism that she/he provides to the families in her/his program and the field of family child care.

Nomination & Eligibility Guidelines

- Nominee has been an active licensed provider for a minimum of three (3) years who has not previously received this award within the last seven (7) years. The three year minimum is prior to the nomination deadline.
- Exhibits special competence as a child care provider.
- Demonstrates professional skills in child care and in community activities.
- Has made a positive impact on the lives of young children.
- Has future goals to further enhance her/his competency as a child care provider.
- Must plan to maintain an active childcare license for the next year.
- Must have no pending negative licensing actions, conditional or probation license or appeal, is not under investigation for a negative licensing action or have any substantiated complaints within the past three years. This does not include correction orders.
- Must be a licensed family child care provider operating in Southeastern Minnesota.

The nomination process is simple!

- Identify the provider you feel should be recognized.
- Fill out the nomination form on the reverse side.
- Write a letter of recommendation describing how the provider meets the guidelines, and how the provider has made a difference to your child and/or family.
- Mail completed nomination form (must be postmarked by March 1st to be considered for the outgoing year).
- The Provider of the Year award recipient will be honored at the annual Family Child Care, Inc. Olmsted County Provider Celebration training (typically the second Monday in May). Email questions to fcimn@gmail.com.

Family Child Care, Inc. Nomination Form Olmsted County Representative Minnesota Provider of the Year

Provider Name _____

Address _____

City _____ Zip _____

Telephone _____

Email Address _____

Please include a letter of recommendation on a separate piece of paper or uploaded as a separate document describing how the provider meets the guidelines, and how the provider has made a difference to your child and/or family.

Name of Person Submitting Nomination _____

Address _____

City _____ Zip _____

Telephone _____

Email Address _____

Mail completed nomination form and letter of recommendation to:



C/O FCCI POY Committee Chair
PO Box 7012
Rochester, MN 55903

2023 PROVIDER APPRECIATION

The Childcare Provider

Although I'm not their parent,
I care for them each day.
I cuddle, sing, and read to them,
And watch them as they play.
I see each new accomplishment,
And help them grow and learn.
I understand their language,
And I listen with concern.
They come to me for comfort,
And I kiss away their tears.
They proudly show their work to me,
I give the loudest cheers!
No, I am not their parent,
But my role is just as strong.
I nurture them and keep them safe,
Though maybe not for long.
I know someday the time may come
When we will have to part.
But I know each child I've cared for
Is forever in my heart.



FCCI would like to extend our deepest gratitude to all of the childcare providers in our community. There is no doubt that the work we do each day is challenging. We wear many hats and it can feel downright exhausting at times. In these moments of exhaustion it is important to remember your "why". Reflect on the many little hearts and minds you've influenced. Remember the security and care you provide for children and the trusting relationships you've established with families. The work we do is challenging but so rewarding, and in case you aren't told enough.. You matter. Thank you so much for providing children a safe environment to thrive. We are so proud of you.

Please take time to do something for yourself, even if for a few minutes each day.. You deserve it!

SELF-CARE IDEAS



From all of us at FCCI,

Thank you!

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Bill Nystrom

(507) 252-8720
AtlasRochester.com/Daycare



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In This Issue:

- Training Calendar for 2023
- Provider of the Year Nomination Process
- Clarey's Safety dates for fire extinguisher checks
- Child Care Resources and More!



2023 FCCI Board of Directors

President: Jessica T. 507-951-8692
fccimn@gmail.com

Secretary: Anna 952-334-6834
fccisecretary@gmail.com

Treasurer: Jessica G. 507-261-1990
fccitreasurer@gmail.com

Membership Director: Stephanie 651-983-2413
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Assistant Development Director: Tracie 507-269-4242
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