

PO Box 7012 Rochester MN 55903

Presorted Standard U.S. Postage PAID Rochester, MN Permit No. 235

In This Issue:

- Annual Membership Drive in November
- Upcoming Board Openings and Election of Officers
- **Olmsted County Licensing News**
- Child Care Resources and More!
- Get Your Flu Shot at the Oct. & Nov. Workshops!

Important reminder

The content found on the Olmsted County Licensor's Page is your official communication and notification of licensing updates. As licensed child care providers, it is our responsibility to read and make the appropriate changes within our programs! Please be sure to thoroughly read the information provided by Olmsted County licensing in the FCCI newsletter.



Olmsted County Child Care Association

2016 FCCI Board of Directors

289-5468 President: Anna

fccimn@gmail.com

289-0269 Secretary: Shan

fccisecretary@gmail.com

951-8692 Treasurer: Jessica

fccitreasurer@gmail.com

Assist. Treasurer: Sadie 206-6866

fcciassistantreasurer@gmail.com

Training Coordinator: Becky 281-1005 fccitrainingcoordinator@gmail.com

Member-at-large3: Audrey 8845958

Fcci3memberatlarge@gmail.com

Sales & Purchasing: Nita 286-8525 salesandpurchasingcoordinator@gmail.com

Membership: Jackie 282-1799

fccimembershipcoordinator@gmail.com Community Outreach: Kayla 421-7048

fccicommunityoutreach@gmail.com Communications: Jennifer 261-8061

fccinewslettereditor@gmail.com

Communications Assistant: POSITION OPEN

Hospitality Coordinator: Lee 218-6742 fccihospitality@gmail.com

Volunteer Coordinator: Julie

288-1064 fccivolunteer@gmail.com

Workshop Coordinator: Nita 286-8525 fcciworkshopcoordinator@gmail.com

Member-at-large 1: POSITION OPEN

(Assist, Hospitality)

fccimemberatlarge@gmail.com

Member-at-large2: Stephanie (Membership Assistant)

Fcci2memberatlarge@gmail.com

Workshop Location

Redeemer Lutheran Church 869 7th Avenue SE Rochester MN 55904

Please use the main entrance and proceed to the lower level. The entrance door is on a security timer and is unlocked ½ hour before and after the start of the workshop.

Family Child Care, Inc. 2016 Quarterly Newsletter

~October, November, December ~ www.fccimn.com

FCCI is an organization of licensed family child care providers committed to developing and promoting high quality child care in our community through education, resources, and support.

Upcoming Workshops

Members, please be prepared to show your membership card. Non-members, be prepared to pay a \$20 training fee.

Leaping into Literacy & Kid-Friendly Math Centers Presenter: Julie Torkelson MNCPD Event ID: 173796 Find new ways to develop literacy with young children. We will be using music and movement to reinforce readiness skills. Learn how to enhance literacy through literature and flannel board activities. Discover how to 2016 boost your children's basic skills with easy-to-implement activities that build independent learners. рш *Handouts for this workshop are available on the FCCI website October 10, 6:45 Parent Aware Categories: 4 - Curriculum Implementation 8 - Supporting Development Knowledge and competency Framework Area: II.A: Creating positive Learning experiences (2 hours) CDA Content Area: Physical and Intellectual Development Business meeting starts at 6:45pm Training from 7:00pm - 9:00pm Training certificates not issued for late arrivals (5 minutes past the training start time). Sudden Unexpected Infant Death (SUIDS)/ Abusive Head Trauma (AHT) Presenter: Michelle Gillard MNCPD Event ID: 140563 November 14, 2016 This class meets the DHS licensing training requirements for both SUIDS and AHT. Content includes recommendations to reduce sudden, 6:30-8:30pm unexpected infant deaths, including suffocation and other sleep related deaths, safe sleep environments, MN child care regulations related to safe sleep as well as symptoms of abusive head trauma and strategies to use when stressed, anary or frustrated. Parent Aware Category: SUIDS/Abusive Head Trauma Knowledge and competency framework area: VII.A: Establishing Healthy Practices Business meeting starts at 6:30pm Training from 7:00pm - 9:00pm Training certificates not issued for late arrivals (5 minutes past the training start time). 2016 No Workshop in December December

Happy Holidays!

651-983-2413

**To maintain our adult learning environment, children may not attend workshops. **

Arrivals after 7:05 PM will not receive a training certificate. Please be sure to arrive on time.

2016 Workshop Calendar

October 10 6:45-9 pm		Leaping into Literacy & Kid-Friendly Math Centers	Julie Torkelson
	November 14 6:45-9 pm	SUID/Abusive Head Trauma (Meets the SUID/AHT annual requirement)	Michelle Gillard
	December	NO WORKSHOP!	Happy Holidays!

2017 Workshop Calendar

January 9, 2017 6:15-9:30 pm	Mastering Record Keeping and Taxes	Tom Copeland www.tomcopeland.net
January 26, 6:30–8:30 pm	BONUS: Autism: Including Children with Social, Communication, and Behavioral Needs (Meets the Child Growth & Development/Behavior Guidance annual requirement)	Melissa Fredin
February 13, 6:45-9 pm	One Bite at a Time: New Meal Patterns (meets food program annual civil rights requirements)	Kate Abernathy
February 23, 6:30-8:30 pm	BONUS: 5 Minute Peace	Janice Hofschulte
March 13, 6:45-9 pm	Calming the Storm: Working Through Challenging Behaviors (Meets the Child Growth & Development/Behavior Guidance annual requirement)	Stacy Boysen
March 30, 6:30 – 8:30 pm	BONUS: Imagination Fascination	Kimberly Giles
April 10, 6:45-9 pm	Essential Role of Play in Childhood (and Beyond)	Katy Smith
April 27, 6:30-8:30 pm	BONUS: Curriculum & Care: A Balancing Act	Sarah Stanko
May 8, 5:45-9pm	Annual Provider Banquet: Say "YES" to the Stress	Sharon Lacey
June 12, 6:45-9 pm	Exploring Nature	Dawn Braa
July 6:00 pm	Annual FCCI Provider Potluck Picnic	Hosted by the FCCI Board of Directors
August 14, 6:45-9 pm	Documentation: Using Program Information for Decision-Making	Michelle Scott
September 11 6:45-9 pm	Active Supervision: Provider Self-care and Privacy(Meets the supervision for safety annual requirement)	Pat Gentz
October 9 6:45-9 pm	Hitting, Kicking, and Biting OH MY! Tips to Prevent Toddler Aggression (Meets the Child Growth & Development/Behavior Guidance annual requirement)	Raelene Ostberg
November 13 6:45-9 pm	SUID/Abusive Head Trauma (Meets the SUID/AHT annual requirement)	Michelle Gillard
December	NO WORKSHOP!	Happy Holidays!

Family Child Care, Inc. 2017 Membership Registration

Annual Individual Membership Fee - \$50.00

	ecks payable to: FCCI uary 1, 2017 to December 31, 2017		
I am a licensed provider and new FCCI member			
☐ I am a licensed provider and a renewing FCCI member ☐ I am unlicensed or a community member and am an Adv	ocate Member.		
NAME	PHONE ()		
DEVELOP ID#	E-MAIL		
COUNTY			
BUSINESS NAME			
ADDRESS			
	Finance Committee		
CITYSTATEZIP	Banquet Committee		
	Advocacy Committee		
Family Child Care, Inc. 2017 Current members of FCCI can list their licensed family childcare but information or by submitting your listing on-line at www.fccimn.com	On-line Provider Directory F siness on the FCCI's website Provider Directory	orm	
Name:	Phone #:		
(As it is to appear on the Internet)	Email:		
City and/or Section of Town: (i.e. Rochester, NW)	Website: (if applicable)		
Business Name:	.0		
Ages of care: (check all that apply) All agesInfant/toddler onlyPreschool onlyInfant-preschool onlySchool age only Elementary School:	How do you want to be contacted	For office use	
Mail Memi	bership and Directory forms to:	Echapters Website	
Jackie Har	rington	Website	

Jackie Harrington 900 10th Street SW Rochester, MN 55902

Revision date 11/2016



Shop the way you want to shop.

From anywhere, at any time.

Hy-Vee makes it easy to shop
for your groceries online.

ORDER GROCERIES ONLINE PICK UP OR DELIVERY

OFFER AVAILABLE TO MEDICARE RECIPIENTS.

NO AFFORM INTENT NECESSARI

SEE PHARMACY FOR DETAILS. RESTRICTIONS APPLY.

ttyVee

Message from FCCI's 2016 President

Happy fall! Soon we will start to see the leaves turning beautiful colors, enjoying crisp air, apples, pumpkins & (my favorite) football! Even if you don't enjoy the winter that proceeds it, fall is a great time of year!



It's also a time of year when we look ahead to what's next. At FCCI we have a few board members resigning and are in search of committed providers who are ready to get more involved in their field. Being on the board is a great way to do this. We learn so much about the daycare profession and get to make decisions related to us. If you are interested in being a part of this super group of

ladies, please let me know. I would love to hear from you and answer any questions you might have about being a board member. Just send me an email at fccimn@gmail.com.

FCCI will be having our annual board retreat on Tuesday, October 25th. This is a time when the FCCI board members get together to talk about the year's activities and the plans for the coming year. We value the input and opinions of our membership and this is a great time to let us know! If you have any thoughts or suggestions that will support FCCI's mission, please feel free to contact me.

Michelle Gillard will be training SUIDS & AHT for the November workshop. Which is also our annual election of officers and membership drive for 2017. During the membership drive we are offering \$50 gift cards to one member who purchases a 2017 membership on-line and one in person the evening of the workshop (2017 memberships are available starting November 1). Once again, we will hold the 50/50 raffle where you can win half the jackpot of cash. Tickets will only be \$1 and you can buy as many as you like. We will also be giving away other prizes. 2017 Calendar Keepers will be available for sale.

As I write my last letter as President, I look back and see how rewarding and amazing this experience has been! I was always one to sit in the back and let others lead. FCCI has given me the chance to come out of my shell and do things I didn't think I had in me! It has been a blast! FCCI is an association that represents leadership in the state and we have some very amazing providers in our area. I'm honored to have been President. I want to thank Stephanie, Shan, Jessica, Nita, Julie, Lee, Jackie, Becky, Jennifer, Sadi, Jenni, & Audrey for committing themselves to the child care profession and FCCI. I also want to thank our members for supporting FCCI, attending the workshops, volunteering and offering your input. We have all succeeded in making FCCI what it is today.





PLEASE NOTE: There is a \$5 charge for training certificate replacement. Please keep your training certificates in a secure location for licensing verification.

2017 FCCI Board of Directors Calendar Board meetings are held 6:30-9pm at Redeemer Lutheran Church, unless otherwise noted.

January 17, February 21, April 18, May 16, June 20, July TBA, August 15, September 19, October 17, November 21, Dec. TBA. All members are welcome to attend, observe, or participate in the open comment period. Contact the president for open comment guidelines at fccimn@gmail.com.

Keep in touch between newsletters by signing up for FCCI ENEWS

Send requests to fccimn@gmail.com

We have a number of email "mailer delivery subsystem" notifications for undeliverable email.

Please keep us informed if your email address changes.

Olmsted County Licensing News

Olmsted County Licensing Notes Richard Hacker, Community Services Supervisor 507-328-6418 hacker.richard@co.olmsted.mn.us

What Is the Positive Supports Rule?

The Positive Supports Rule is a new Minnesota rule that requires all DHS license holders to use person-centered principles and positive support strategies when they are providing services for persons or children with <u>diagnosed</u> **developmental disabilities** or **related conditions** (e.g. cerebral palsy, Prader-Willi syndrome, and autism spectrum disorder). In addition, the rule prohibits and limits certain behavior guidance techniques such as time outs, separation from the group, and physical restraint. Mental illness or an emotional disturbance are <u>not</u> related conditions.

How Do I Know if a Child has Been Diagnosed with a Developmental Disability or Related Condition?

A parent or legal guardian may have told you. You may find out the child has Developmental Disabilities Social Worker or Case Manager. You are given a copy of the child's treatment plan or Individualized Education Plan (IEP) that indicates the child may have a developmental disability or related condition.

How Does The Positive Supports Rule Apply to Me?

At this time, we are waiting for direction from DHS on how this rule applies to licensed family child care providers and what the requirements will be for both the provider and the licensor. If you are currently providing care for a child with a diagnosed developmental disability or related condition, please notify your licensor so we can make sure you get the appropriate information as soon as we receive it from DHS.

What should I do if I have a child who bites?

When a provider knows that a child has bitten another child, she/he must increase the supervision of the child who has bitten so that the health and safety of the other children in care is protected. As with any injury to a child that needs medical attention, please report the injury to your licensor. Repeated bites could result in a correction order for supervision.

Emergency Substitutes:

Reminder that all licensed child care providers need to have an "emergency substitute" named with a cleared background check completed. Your substitute will need to take SUID and AHT training annually if they are 30 hours or less in a 12 month period. If they are substituting more than 31 hours in a 12 month period they will also need to complete CPR and First Aid training. A correction order may be issued if you do not have an emergency substitute identified by August 1st, 2016.

School out days and snow days:

The school year has started and with that comes school out days, possible snow days and early out days. Remember that you must be in compliance with your license capacity. If you need a one day variance, please call your licensor to discuss this. As with any variance you can only be over by one child in any given category.

Please contact a member of the licensing team if you have any questions:

Rich Hacker, Superviso	or 507-328-6418	hacker.richard@co.olmsted.mn.us
Dawn Schenk	507-328-6882	schenk.dawn@co.olmsted.mn.us
Kari Justin	507-328-6423	justin.kari@co.olmsted.mn.us
Becky Sprenger	507-328-6421	sprenger.rebecca@co.olmsted.mn.us

Child Care Liability Insurance Craig L. Ward, CIC

*Independent Agent with 30 years experience.

*Over 200 policies in effect throughout the Midwest.

*Representing over 40 Insurance companies with same day quotes from most companies

*Reasonable rates and monthly auto pay.

*Immediate coverage.

*Personalized coverage tailored to your needs
*Property

*Liability (including Professional liability, Abuse and Molestation Coverage)

*Auto Liability (covering child care vans and personal auto)
*Workman's compensation (covering injured employees)
*Umbrella Liability (higher liability limits)

Craig L. Ward, CIC 1-800-354-9273 craigward@tds.net



MISSISSIPPI WELDERS SUPPLY CO., INC.

Mark your calendars! Mississippi Welders will be at the following workshops from 6:15pm until 7:00pm to tag fire extinguishers for the low cost of \$5.

- April 11, 2017
- September 11, 2017



Get Your Flu Shot at the FCCI October & November Workshops!



Hy-Vee will be hosting a flu vaccine clinic at our October and November workshops at Redeemer Lutheran Church. Bring your insurance card with you and receive a FREE flu shot!

October 10, 2016 6:15pm – 7:00pm
 November 14, 2016 6:15pm – 7:00pm

(\$37.99 without insurance)

Hy-Vee will accept cash, check or credit card

Prepaid Legal Service, For the Trivial to the Traumatic

Ever want to say 'let me ask my lawyer'? Get unlimited legal assistance by a Minneapolis Law Firm for Civil case issues including auto.

\$19.99/mo. for your Family, \$10.00/mo. Child Care Business

(Fee does not include in-person representation.)



651-470-4857

Cyndi Cunningham Independent Associate Small Business & Group Benefits Associate

www.legalshield.com/hub/cyndicunningham

ZVMBA

*Zumba fitness moves designed just for kids.

*30 minute class packed with fun & games right in your child care!

Carol Burken, ZIN Email: caburken@hotmail.com

Phone: 507-202-8029

Support our Advertisers



The Magnificent Child

Loving and learning with the magnificent children in your child care program while you are away for a day or just a few hours.

Nita Higgins

Independent Substitute Child Care Provide
1-507-208-8029
knlfb@hotmail.com



It's All Good

Take a breath ~ Relax ~ Call Pam

Pam Clemens

Professional Child Care Substitute

Full & Partial Days Vacation Days Variance Coverage Medical/Maternity Leave Field Trip Helper

Contact me at: Medical/Maternity Leave 507-259-0463 Field Trip Helpe Just an extra pair of hands: www.itsallgoodpam.weebly.com

Are you ready to become a

Fabulous Provider?

Then THE ULTIMATE GUIDE TO RUNNING A SUCCESSFUL DAYCARE BUSINESS

is what you are looking for!

It helps daycare providers like YOU become confident business owners who thrive financially, improve, and benefit from knowledge shared on many different topics such as:



contracts interviews conflict discipline daily routine

decorating and much more!!!

Excellent information. Motivational messages. Inspirational quotes! Get your copy TODAY at:

www.fabulousprovider.com or sylvie@fabulousprovider.com



YOUR AD HERE

Interested in advertising in our quarterly newsletter? Please contact our newsletter editor at fccinewslettereditor@gmail.com

Upcoming Events & Professional Development Opportunities



Come play at the November 12, 2016 workshop!

This is a drawing for one chance to win a cash jackpot at our association's annual meeting and workshop. One winner will receive half of the cash jackpot and the other half will go to support FCCI's mission in 2017.

\$1.00 perticket to play! Purchase as many tickets as you wish to increase your chance of being the 50/50 winner!

FCCI ANNUAL MEMBERSHIP DRIVE!

The 2017 FCCI Membership drive begins on November 1, 2016

Memberships will be available on-line through PayPal purchase or mail in registration.

Everyone who purchases a 2017 membership up until the start of the November 12th workshop will be entered into a drawing for a \$50 gift card!

Visit fccimn.com to purchase your 2017 membership!

Families First of MN - Crisis Nursery

Crisis Nursery is always in need of licensed child care providers.

By becoming a Crisis Nursery provider, you may be called to take children into your care for a short period of time, usually no more than 10 days, sometimes only for a few hours.

You are paid the maximum allowed rates established for the Child Care Assistance Program.

This is a great opportunity for a provider who is not at their licensed capacity to provide quality care for a family in a time of need.

For more information, call Allison at 287.2020.

SUID Training Videos.

Links to the Sudden Unexpected Infant Death Videos can be found on FCCI's website for your viewing.

To view the videos for licensing requirements, visit www.fccimn.com. Find the links under the "Licensing/Community Connections" menu.

2017 On-line Clean Sweep!



Beginning January 9, 2017 the online directory and classified ads will be updated. Any non-member directory listing or online advertisement will be deleted. Purchase your 2017 FCCI membership now to keep from losing your listing or advertisement on the FCCI website.

2017 FCCI memberships are available at each workshop, by mailing in membership form at the back of your newsletter, or you may purchase your membership online using PayPal at www.fccimn.com on the provider page.

Family Child Care Resources



Family Child Care, Inc. would like to welcome the following recently licensed providers to the child care profession in Olmsted County. We hope to see you soon at an FCCI workshop! Visit fccimn.com or email fccimembership@gmail.com to get your membership started!

> Megan Mullenbach Jayne Hennessy Danielle Reichel Katrina Foiles Lee Anne Menz Brianna Dahl Filen Sheehan Brooke Bittne Shelby Lambert Yoma Speer Alicia Schnier Barbara Colins

We all have an important responsibility to stay informed and up-to-date on all child care profession-related issues. FCCI offers valuable tools to help you stay informed and make wise decisions concerning the future of your business and the children that you care for. We provide a place where providers can meet and get to know one another,

to share about our experiences, and make new friendships!



Child Care Links!

Aubrey Reed

Are you looking for quick crafts and ideas for your child care? These websites are provider favorites

www.everythingpreschool.com www.123child.com www.teacherspayteachers.com www.tarheelreader.com www.teachpreschool.com www.happyhooligans.ca www.1plus1plus1equals1.net www.playdoughtogo.com

and of course, PINTEREST

Are you RETIRING from Family Child Care?

Please let us know so we can recognize you at our November workshop! Contact our Hospitality Director at

fccihospitality@gmail.com

Do you use Assure Child Care as an Insurance carrier?

Name FCCI in Assure Child Care's

FCCI's number is 9004.

Community Partnership Program in your renewal!

New Baby? In the Hospital? Special Celebration? Death in the Family? Our members are

event or time of concern 5468 or are thinking of them!

If you know of a special

Support FCCI

amazonsmile

by using Amazon Smile at http://smile.amazon.com/ You shop. Amazon gives.

and claim Family Child Care Inc. as your charity of choice. Amazon smile works the same way Amazon.com does and you can order all your childcare and personal items there. FCCI will receive a portion of the proceeds.

important to us!

for a fellow FCCI member, please contact Anna, 289fccihospitality@gmail.com so she can let that person know their friends at FCCI

Product Recalls and Safety News:

US Consumer Safety Commission www.cpsc.govo or 1-800-638-2772



Save the Date!

Annual Provider Banquet & Celebration Monday, May 8, 2016

Keynote Speaker SHARON LACEY Motivational Humorist

Sharon Lacey has had more adventures in the past ten years than most people experience in a lifetime. In addition to being a sought-after

keynote speaker, Sharon is also an internationally touring headlining comedian. She performs all across the USA and Canada, and has been to Iraq twice to entertain our troops.

Sharon recently returned from her fourth trip to Africa, where she performs stand up comedy for Ugandan audiences in two of their tribal languages. When in Uganda, she also buys and delivers desperately-needed supplies for the children and elderly.

All of this comes after Sharon's earlier careers as a radio dj, television news producer, and a national award winning middle school teacher.



Our banquet committee will be

begin preparations for another

amazing celebration to honor

meeting in the coming months to

family child care providers during

the week of the family child care

provider in May. We would love

banquet committee, please contact

YOUR help! If you would like

Sadi at sadibarton@gmail.com

information about joining the

Come celebrate with us!

We will be honoring some of the family child care providers who retired in 2016 at our November 14 workshop! Come enjoy some cake and celebrate this exciting milestone for them!

Since FCCI is unable to track retirements, we rely on YOU to share with us the names of those who have retired. If you know

someone who retired who is not on the list below, please let us know at fccihospitality@amail.com so we can celebrate them too!

Sharon Shidler Pam Burton Mary Round Betty Nomie Gayleen Johnson Jenna Skrukrud Julie Larson Karí Fairclough Sue Mader

FCCI's annual election of officers will take place on ELECTION

Monday, November 14, 2016 during the business meeting

at our November workshop. Nominations are currently being accepted by our Secretary, Shan Stewart at fccisecretary@gmail.com. Nominations will also be accepted that evening. If you are interested in becoming a board member, please contact our President, Anna Telecky for more information at fccimn@gmail.com.

Positions open for election, along with any current

nominations are as follows:

President Open

Secretary Open

Communications Coordinator Open

Workshop Coordinator Nita Higgins

Community Outreach Coordinator Kayla Abrahamson

Looking for DHS licensing forms for family child care?

They can all be found on your county and state websites!

Olmsted County Child Care Licensing:

http://www.co.olmsted.mn.us/cs/cfs/childcarelicensing/Pages/default.aspx

MN Department of Human Services (DHS) Licensing forms:

http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&Revi sionSelectionMethod=LatestReleased&dDocName=id_028228

Direct link to 2014 New Family Child Care Training Requirements:

http://www.dhs.state.mn.us/main/groups/agencywide/documents/defaultcolumns/dhs16_181 639.pdf